

Bustin' a Move



Richard Simmons sweats it out with Halifax.



Participants shake it out with Zumba.



Team Emera/NS Power win best dressed team.



Breast cancer survivors Joanne Pinch and Joan Helson plant a kiss on Richard Simmons (left to right).

A Huge Success for Breast Health

Over 750 people put on their sneakers and worked it out with Richard Simmons on January 30 for the breast health fundraiser, Bust a Move, at the Halifax Metro Centre.



Hosted jointly by the QEII Foundation and the IWK Foundation, Bust a Move was a six-hour exercise extravaganza to celebrate and raise funds for breast health. Altogether, \$1,143,169 (net) was raised. This money will be used to purchase a digital mammography machine.

This six-hour event consisted of six different exercise classes - one class every hour. It kicked off with a heart pumpin' Maritime Kitchen Party and wrapped up with the last hour being led by the ultimate fitness guru, Richard Simmons. The crowd was bustin' and movin' as Simmons cheered them on. "We're going to sweat until our underwear is wet," he told the crowd.



Digital Mammography

This equipment will ultimately save lives. It will increase the capacity to deliver mammograms, leading to an increase in the early detection of cancer, and the earlier cancer is caught the greater the chance of beating it.

Guinness World Records Set

By the end of the day, participants had more to cheer about. Not only was over \$1.1 million dollars raised for breast health, but two Guinness World Records were set. Halifax now holds the record for the most pairs hugging and the longest massage chain.

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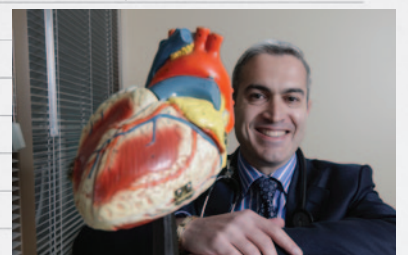
A Channel, AstraZeneca, C100 FM, McInnes Cooper, Mills, Stewart McKelvey, Revolve and Roche.

Improving Heart Health

It was a day to celebrate heart health when Dr. Jafna Cox was announced as the inaugural chair holder of the Heart and Stroke Foundation of Nova Scotia Chair in Cardiovascular Outcomes Research.

With this announcement, Atlantic Canada now has its very first research chair in cardiovascular health. This is welcome news for the over 2,800 Nova Scotia families devastated by the loss of a loved one each year due to heart disease and stroke.

Dr. Cox is a distinguished cardiologist at Capital Health, a director of research at the Division of Cardiology at Dalhousie Medical School, and a long time Heart and Stroke Foundation funded researcher. "Whatever cardiovascular health care challenges are looming, we should see them as potential research opportunities to develop the means by which we, and others, can best meet them."



The endowed chair was made possible by funding from the Heart and Stroke Foundation of Nova Scotia, Fred and Elizabeth Fountain, Marjorie Fountain and the late Sheldon Fountain and the QEII Foundation.



Support for Pain Research

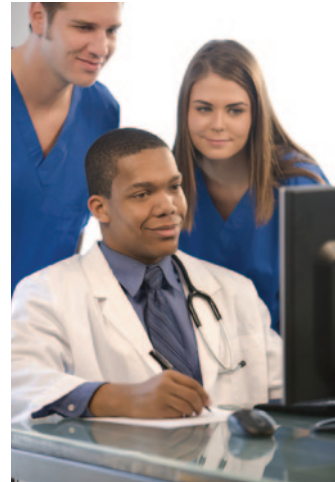
The 2009 Excellence in Research Gala raised \$168,900 for the Department of Anesthesia to conduct pain research at the QEII Health Sciences Centre. An enthusiastic crowd of over 900 people attended the gala at the Cunard Centre to recognize the outstanding achievements in health research and the contributions of the corporate community. The QEII Foundation sincerely thanks everyone who supported this gala. *Photo: MC Seamus O'Regan, co-host, Canada AM. Photo by, Michelle Doucette.*

Donors Support Cancer Care Providers' Online Network

Donors to the QEII Foundation are supporting a sustainable, innovative, internet-based initiative that will enable cancer care providers from across Atlantic Canada to share information, exchange ideas, and collaborate to enhance care for cancer patients.

The Atlantic Canada Oncology Network (ACON) is a broad group of cancer care providers from across the four Atlantic provinces. Started in the summer of 2008, this group came together with the shared recognition that they lacked a common mechanism for communicating and supporting each other in their day to day work. They are set to launch their website in spring of 2010, and already the region's cancer care providers are touting its benefits.

Dr. Lori Wood, Chair of ACON and a medical oncologist at the QEII Health Sciences Centre, predicts the website will impact patients by enabling 'best practice' sharing amongst cancer care providers. "This interactive website will offer a platform for all health care providers. We share common problems and challenges and the vision of this initiative is to form a virtual network of cancer care providers who collaborate and communicate ideas and solutions instead of having individuals feeling like they are working in isolation."



The website project will feature a directory of oncology practitioners and health care providers by province, as well as a list of each province's services and programs. There will be a 'best practice' sharing section for Network members, a chat room for problem-solving and a dedicated section where lectures and workshops can be webcast to a broad audience.

This initiative is being cost-shared by foundations and organizations in each Atlantic province. ACON would like to acknowledge the support of Pfizer Canada, GlaxoSmithKline, Astra Zeneca, and Schering-Plough for their unrestricted financial support for the operation of ACON.

Funding for Cancer Research



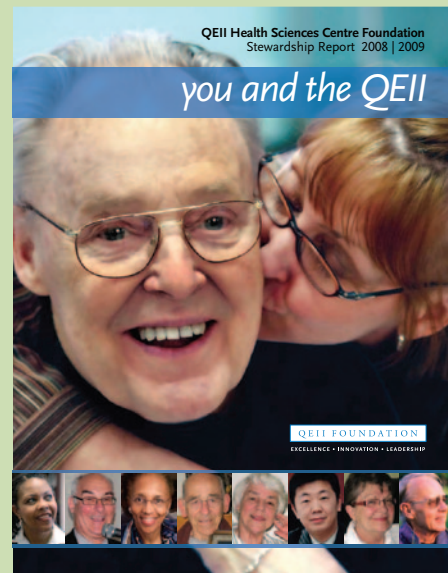
The largest cancer research project in Atlantic Canada has received \$200,000 in new funding from the QEII Foundation.

The Atlantic Path cancer research project studies the genetic, lifestyle and environmental contributors to cancer for a 30-year period. The study is currently underway.

The project is led by Dr. Louise Parker, the Canadian Cancer Society Nova Scotia Division Chair in Population Cancer Research, the principal investigator in the Atlantic Path project. Dr. Parker said this research will help determine why Atlantic Canadians have the highest cancer rate in the country.

"It's taking an in depth look at a lot of things we've never really considered before as determinants of population cancer," said Dr. Parker. For example, arsenic that naturally occurs in some well water, is being looked at as one possible determinant by studying participants' toenail clippings.

Check Out Our Stewardship Report Online



"I marveled at the staff... their patience with the patients and compassion for the confused and concerned."
- Joel Jacobson, former QEII patient.

www.qe2foundation.ca

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You may also give on-line at: www.qe2foundation.ca Talk to your employer about matching your gift.

Have you been touched by the care you receive at the QEII Foundation? Are you wondering how you could thank a caregiver who makes the QEII Health Sciences Centre a special place?



Consider making a donation to our Angels in Action program. This program recognizes caregivers who make a difference. To honour your angel, please call Katharine Berrington at 902-473-3325.